

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Coachinfo: Warming up from: 13:00 untill 13:55. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Daem August

Coaches: Kieckens Ymke

Coaches: Cobbaert Griet

Coaches: Segers Ellen HEADCOACH

Coaches: De Coninck Joren

Coaches: Bosselaar Mirella

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 400M MEDLEY MEN 11+							Heat:1, starttime: 14:00	
Heat: 1/2 Lane : 1 Athlete: DE BACKER BRENT							Q-time: 99:99:99	
PB (25m pool): 05:50.90 Temse 23/12/2023				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:50.90
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN 11+							Heat:1, starttime: 14:00	
Heat: 1/2 Lane : 3 Athlete: TURF SANDER							Q-time: 05:46:68	
PB (25m pool): 05:46.68 Ternat 14/12/2025			PB (50m pool): no time SB: 05:46.68 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.33		01:12.96		no time		no time
	00:33.33		00:39.63					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:46.68
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 400M MEDLEY MEN 11+							Heat:1, starttime: 14:00	
Heat: 1/2 Lane : 6 Athlete: BOMBAERT LOUIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
	...	...	...	...	...	...	...	...
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		no time
	...	...	...	...	...	...	...	...

Coach feedback:

Event number: 2: 400M MEDLEY MEN 11+							Heat:2, starttime: 14:10	
Heat: 2/2 Lane : 1 Athlete: DE PEYPER MATS							Q-time: 05:27:66	
PB (25m pool): 05:27.66 LEUVEN 23/11/2025			PB (50m pool): 05:45.93SB: 05:27.66 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:34.88		01:15.42		01:59.08		02:42.14
	00:34.88		00:40.54		00:43.66		00:43.06	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:25.87		04:10.52		04:50.26		05:27.66
	00:43.73		00:44.65		00:39.74		00:37.40	
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN 11+							Heat:2, starttime: 14:10	
Heat: 2/2 Lane : 3 Athlete: DE PEYPER NOAH							Q-time: 04:59:00	
PB (25m pool): 04:59.00 Leuven 12/10/2025			PB (50m pool): 05:23.08SB: 04:59.00 Leuven 12/10/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:30.60		01:07.70		01:46.90		02:25.17
	00:30.60		00:37.10		00:39.20		00:38.27	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:07.19		03:49.92		04:25.82		04:59.00
	00:42.02		00:42.73		00:35.90		00:33.18	
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 2: 400M MEDLEY MEN 11+							Heat:2, starttime: 14:10	
Heat: 2/2 Lane : 4 Athlete: PERSOONS EMIEL							Q-time: 04:59:16	
PB (25m pool): 04:59.16 Dilbeek 11/05/2025				PB (50m pool): 05:05.60SB: 05:01.56 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.47		01:09.86		no time		no time
	00:32.47		00:37.39					
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		04:59.16
								

Coach feedback:

Event number: 2: 400M MEDLEY MEN 11+							Heat:2, starttime: 14:10	
Heat: 2/2 Lane : 6 Athlete: HOUTEVELT KYLLIAN							Q-time: 05:29:17	
PB (25m pool): 05:09.59 Vilvoorde 07/05/2023			PB (50m pool): 05:37.10SB: 05:29.17 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:09.59
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 14:15	
Heat: 1/6 Lane : 1 Athlete: DE PEYPER MYRTHE							Q-time: 99:99:99	
PB (25m pool): 02:58.94 Lago Rozebroeken 25/10/2020				PB (50m pool): 03:11.80 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:58.94
	no time							
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:1, starttime: 14:15	
Heat: 1/6 Lane : 5 Athlete: DE GEYTER ILANA							Q-time: 99:99:99	
PB (25m pool): 03:19.56 Vilvoorde 07/05/2023				PB (50m pool): 03:46.68SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:19.56
	no time							
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:2, starttime: 14:20	
Heat: 2/6 Lane : 6 Athlete: VAN DER POORTEN ELIEN							Q-time: 03:53:63	
PB (25m pool): 03:53.63 Liedekerke 01/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:53.90		01:55.51		no time		03:53.63
	00:53.90		01:01.61					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 14:25	
Heat: 3/6 Lane : 2 Athlete: VAN LIERDE LANA							Q-time: 03:28:84	
PB (25m pool): 03:16.66 Zaventem 16/07/2024				PB (50m pool): 03:40.97 SB: 03:28.84 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		03:16.66
	no time							
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 14:25	
Heat: 3/6 Lane : 3 Athlete: BOMBAERT MILLA							Q-time: 03:24:40	
PB (25m pool): 03:24.40 Leuven 23/02/2025				PB (50m pool): 03:37.69SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.14		01:37.20		no time		03:24.40
	00:44.14		00:53.06					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:3, starttime: 14:25	
Heat: 3/6 Lane : 5 Athlete: MUYLEAERT YAELE							Q-time: 03:36:42	
PB (25m pool): 03:36.42 Vilvoorde 23/03/2025				PB (50m pool): 03:40.47 SB: 03:37.84 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.57		01:46.74		no time		03:36.42
	00:50.57		00:56.17					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 14:30	
Heat: 4/6 Lane : 1 Athlete: DE BISSCHOP LISSE							Q-time: 03:20:83	
PB (25m pool): 03:20.83 Liedekerke 01/05/2025				PB (50m pool): no time SB: 03:22.88 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.01		01:36.33		no time		03:20.83
	00:45.01		00:51.32					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:4, starttime: 14:30	
Heat: 4/6 Lane : 2 Athlete: DEROOST BEAU							Q-time: 03:17:99	
PB (25m pool): 03:17.99 Dilbeek 11/05/2025				PB (50m pool): 03:28.45 SB: 03:19.48 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.81		01:33.09		no time		03:17.99
	00:43.81		00:49.28					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 14:35	
Heat: 5/6 Lane : 3 Athlete: HEREMANS DITTE							Q-time: 03:12:39	
PB (25m pool): 03:12.39 Ternat 14/12/2025			PB (50m pool): no time SB: 03:12.39 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:44.64		01:33.47		no time		03:12.39
	00:44.64		00:48.83					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:5, starttime: 14:35	
Heat: 5/6 Lane : 6 Athlete: VEIRMAN LOTTE							Q-time: 03:15:15	
PB (25m pool): 03:15.15 LEUVEN 23/11/2025				PB (50m pool): no time SB: 03:15.15 LEUVEN 23/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.44		01:35.47		02:25.59		03:15.15
	00:45.44		00:50.03		00:50.12		00:49.56	
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 14:35	
Heat: 6/6 Lane : 3 Athlete: DONIN MANON							Q-time: 02:42:19	
PB (25m pool): 02:42.19 Dilbeek 11/05/2025				PB (50m pool): 02:47.22SB: 02:47.04 Gent 09/11/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.97		01:17.69		no time		02:42.19
	00:35.97		00:41.72					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 14:35	
Heat: 6/6 Lane : 4 Athlete: LANDRIEU NORA							Q-time: 02:58:18	
PB (25m pool): 02:58.18 Dilbeek 11/05/2025				PB (50m pool): 03:13.28SB: 03:06.77 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.86		01:25.93		no time		02:58.18
	00:40.86		00:45.07					
								

Coach feedback:

Event number: 3: 200M BREASTSTROKE WOMEN 11+							Heat:6, starttime: 14:35	
Heat: 6/6 Lane : 6 Athlete: BIESEMANS JANA							Q-time: 03:11:66	
PB (25m pool): 03:11.66 LEUVEN 23/11/2025			PB (50m pool): 03:17.35SB: 03:11.66 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:43.34		01:33.28		02:23.31		03:11.66
	00:43.34		00:49.94		00:50.03		00:48.35	
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 4: 50M FREESTYLE MEN 18+			Heat:1, starttime: 14:40
Heat: 1/2 Lane : 2 Athlete: BOUDCHICH MOHAMED ILYAS			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 18+			Heat:2, starttime: 14:45
Heat: 2/2 Lane : 2 Athlete: DUBOIS LOUIS			Q-time: 00:26:76
PB (25m pool): 00:26.63 Sinbad 25/07/2023 PB (50m pool): 00:27.66 SB: no time			
	2 5 M	5 0 M	
PB		00:26.63	
	00:26.63		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 18+			Heat:2, starttime: 14:45
Heat: 2/2 Lane : 4 Athlete: DE BACKER BJORN			Q-time: 00:26:53
PB (25m pool): 00:26.53 Kapelle-op-den-Bos 21/04/2025 PB (50m pool): 00:27.18 SB: no time			
	2 5 M	5 0 M	
PB		00:26.53	
	00:26.53		
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 18+			Heat:2, starttime: 14:45
Heat: 2/2 Lane : 5 Athlete: DONIN THIBAUT			Q-time: 00:26:83
PB (25m pool): 00:25.97 Sportoase Philipssite 26/02/2023 PB (50m pool): 00:26.90 SB: 00:26.90 Leuven 12/10/2025			
	2 5 M	5 0 M	
PB		00:25.97	
	00:25.97		
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 5: 50M FREESTYLE WOMEN 18+			Heat:1, starttime: 14:45
Heat: 1/1 Lane : 2 Athlete: DE BISSCHOP BENTE			Q-time: 00:33:88
PB (25m pool): 00:33.88 Zaventem 16/02/2025			PB (50m pool): 00:36.04 SB: 00:34.97 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:33.88	
		00:33.88	
			

Coach feedback:

Event number: 5: 50M FREESTYLE WOMEN 18+			Heat:1, starttime: 14:45
Heat: 1/1 Lane : 3 Athlete: VERROKEN MIRTE			Q-time: 00:28:92
PB (25m pool): 00:28.65 Leuven 17/10/2021			PB (50m pool): 00:28.92 SB: 00:29.08 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:28.65	
		00:28.65	
			

Coach feedback:

Event number: 5: 50M FREESTYLE WOMEN 18+			Heat:1, starttime: 14:45
Heat: 1/1 Lane : 4 Athlete: DE BISSCHOP DIEDE			Q-time: 00:33:00
PB (25m pool): 00:32.72 De Druppelteen 16/04/2023			PB (50m pool): 00:33.44 SB: 00:33.00 Ternat 29/03/2026
	2 5 M	5 0 M	
PB		00:32.72	
		00:32.72	
			

Coach feedback:

Event number: 5: 50M FREESTYLE WOMEN 18+			Heat:1, starttime: 14:45
Heat: 1/1 Lane : 6 Athlete: VAN DROOGENBROECK FRAUKE			Q-time: 99:99:99
PB (25m pool): 00:28.71 Sportoase Philipssite 26/02/2023			PB (50m pool): 00:29.26 SB: no time
	2 5 M	5 0 M	
PB		00:28.71	
		00:28.71	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 15:00	
Heat: 3/8 Lane : 1 Athlete: BLOMMAERTS MATHIS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 15:00	
Heat: 3/8 Lane : 4 Athlete: VAN DEN BORRE NICK							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:3, starttime: 15:00	
Heat: 3/8 Lane : 5 Athlete: ANCOLET MATS							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 15:05	
Heat: 4/8 Lane : 1 Athlete: TUTS VIKTOR							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:4, starttime: 15:05	
Heat: 4/8 Lane : 4 Athlete: VERMEIR CAENE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:5, starttime: 15:10	
Heat: 5/8 Lane : 2 Athlete: ASSELMAN JEFF							Q-time: 03:36:33	
PB (25m pool): 03:36.33 Ternat 14/12/2025			PB (50m pool): no time SB: 03:36.33 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.34		01:47.23		no time		03:36.33
	00:50.34		00:56.89					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 15:20	
Heat: 7/8 Lane : 4 Athlete: LUBOWICKI OLIVIER							Q-time: 02:42:51	
PB (25m pool): 02:42.51 Sint-Pieters-Leeuw 01/03/2026			PB (50m pool): 03:01.08 SB: 02:42.51 Sint-Pieters-Leeuw 01/03/2026					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.02		01:19.72		no time		02:42.51
	00:38.02		00:41.70					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:7, starttime: 15:20	
Heat: 7/8 Lane : 5 Athlete: VAN HOUCKE QUINTEN							Q-time: 02:46:58	
PB (25m pool): 02:43.28 Vilvoorde 05/05/2024			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:43.28
	no time							
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 15:25	
Heat: 8/8 Lane : 3 Athlete: VOLCKAERT MATTHIAS							Q-time: 02:12:84	
PB (25m pool): 02:12.84 LEUVEN. 22/02/2026				PB (50m pool): 02:16.02SB: 02:12.84 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:30.85		01:04.74		no time		02:12.84
	00:30.85		00:33.89					
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 15:25	
Heat: 8/8 Lane : 4 Athlete: VERROKEN GERBEN							Q-time: 02:16:75	
PB (25m pool): 02:15.91 Gent(Sint-Amandsberg) 11/11/2024 PB (50m pool): 02:17.86SB: 02:16.75 Gent 09/11/2025								
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:31.97		01:06.96		01:41.90		02:15.91
	00:31.97		00:34.99		00:34.94		00:34.01	
								

Coach feedback:

Event number: 7: 200M BACKSTROKE MEN 11+							Heat:8, starttime: 15:25	
Heat: 8/8 Lane : 5 Athlete: VOLCKAERT THOMAS							Q-time: 02:31:01	
PB (25m pool): 02:31.01 Ternat 14/12/2025				PB (50m pool): 02:37.99SB: 02:31.01 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:35.96		01:14.94		no time		02:31.01
	00:35.96		00:38.98					
								

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+							Heat:1, starttime: 15:25	
Heat: 1/7 Lane : 2 Athlete: DE BRUYN JADE							Q-time: 99:99:99	
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:25
Heat: 1/7 Lane : 3 Athlete: DE MEY MEREL			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:1, starttime: 15:25
Heat: 1/7 Lane : 4 Athlete: FAHY JULIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:30
Heat: 2/7 Lane : 2 Athlete: ANCOLET LAURE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:30
Heat: 2/7 Lane : 3 Athlete: VANDE VELDE SIEN			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:30
Heat: 2/7 Lane : 4 Athlete: HEREMANS MARIE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:2, starttime: 15:30
Heat: 2/7 Lane : 5 Athlete: MUYLEAERT YINSE			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:3, starttime: 15:30
Heat: 3/7 Lane : 6 Athlete: FAHY EMMA			Q-time: 99:99:99
PB (25m pool): no time PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+			Heat:4, starttime: 15:30
Heat: 4/7 Lane : 3 Athlete: DRIOUICHE SAWSSANE			Q-time: 00:36:16
PB (25m pool): 36.16 Arena Sprint 28/06/2025 PB (50m pool): no time SB: no time			
	2 5 M	5 0 M	
PB		36.16	
	36.16		
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 8: 50M FREESTYLE WOMEN 11+							Heat:6, starttime: 15:35	
Heat: 6/7 Lane : 4 Athlete: DRIOUICHE HIBA							Q-time: 00:32:11	
PB (25m pool): 31.92 Cvb Stz 25/02/2024							PB (50m pool): 31.53 SB: no time	
	2 5 M		5 0 M					
PB			31.92					
	31.92							
								

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+							Heat:7, starttime: 15:35	
Heat: 7/7 Lane : 3 Athlete: DE BACKER BIRGIT							Q-time: 00:27:85	
PB (25m pool): 00:27.85 LEUVEN. 22/02/2026				PB (50m pool): 00:28.51SB: 00:27.85 LEUVEN. 22/02/2026				
PB	2 5 M		5 0 M					
			00:27.85					
			00:27.85					
								

Coach feedback:

Event number: 8: 50M FREESTYLE WOMEN 11+							Heat:7, starttime: 15:35		
Heat: 7/7 Lane : 5 Athlete: MATTHIJS XANTHE							Q-time: 00:31:64		
PB (25m pool): 00:31.64 Dilbeek 11/05/2025							PB (50m pool): 00:32.53SB: 00:31.80 LEUVEN 23/11/2025		
PB	2 5 M		5 0 M						
			00:31.64						
			00:31.64						
									

Coach feedback:

Event number: 9: 100M BREASTSTROKE MIXED 10-9					Heat:1, starttime: 15:35	
Heat: 1/1 Lane : 3 Athlete: LUBOWICKI ADA					Q-time: 01:55:85	
PB (25m pool): 01:55.85 Sint-Pieters-Leeuw 05/10/2025					PB (50m pool): no time SB: 01:55.85 Sint-Pieters-Leeuw 05/10/2025	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		00:55.94		01:55.85		
	00:55.94		00:59.91			
						

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 10: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:00
Heat: 5/5 Lane : 1 Athlete: PERSOONS EMIEL			Q-time: 00:29:29
PB (25m pool): 00:28.20 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:29.39 SB: 00:28.20 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:28.20	
		00:28.20	
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:00
Heat: 5/5 Lane : 2 Athlete: DE PEYPER NOAH			Q-time: 00:27:73
PB (25m pool): 00:27.73 Hannuit 18/01/2025			PB (50m pool): 00:29.05 SB: 00:28.26 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:27.73	
		00:27.73	
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:00
Heat: 5/5 Lane : 4 Athlete: VOLCKAERT MATTHIAS			Q-time: 00:27:57
PB (25m pool): 00:27.57 Leuven 23/02/2025			PB (50m pool): 00:27.43 SB: 00:27.62 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:27.57	
		00:27.57	
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 11+			Heat:5, starttime: 16:00
Heat: 5/5 Lane : 5 Athlete: VERROKEN GERBEN			Q-time: 00:28:18
PB (25m pool): 00:28.18 Aarschot 28/07/2025			PB (50m pool): 00:29.46 SB: 00:28.49 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:28.18	
		00:28.18	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:1, starttime: 16:05
Heat: 1/5 Lane : 3 Athlete: DRIOUICHE SAWSSANE			Q-time: 99:99:99
PB (25m pool): 43.28 Lions Cup Manche 1 07/12/2024			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		43.28	
		43.28	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 16:05
Heat: 4/5 Lane : 1 Athlete: MUYLEAERT YAELE			Q-time: 00:38:71
PB (25m pool): 00:38.71 Dilbeek 28/09/2025			PB (50m pool): 00:39.21 SB: 00:38.71 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:38.71	
		00:38.71	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:4, starttime: 16:05
Heat: 4/5 Lane : 4 Athlete: HEREMANS DITTE			Q-time: 00:37:04
PB (25m pool): 00:37.04 LEUVEN 23/11/2025			PB (50m pool): 00:35.28 SB: 00:37.04 LEUVEN 23/11/2025
	2 5 M	5 0 M	
PB		00:37.04	
		00:37.04	
			

Coach feedback:

Event number: 11: 50M BUTTERFLY WOMEN 11+			Heat:5, starttime: 16:10
Heat: 5/5 Lane : 2 Athlete: MATTHIJS XANTHE			Q-time: 00:32:64
PB (25m pool): 00:32.64 LEUVEN. 22/02/2026			PB (50m pool): 00:33.42 SB: 00:32.64 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:32.64	
		00:32.64	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 11: 50M BUTTERFLY WOMEN 11+							Heat:5, starttime: 16:10		
Heat: 5/5 Lane : 3 Athlete: DONIN MANON							Q-time: 00:30:53		
PB (25m pool): 00:30.53 Hannuit 18/01/2025							PB (50m pool): 00:31.17 SB: 00:31.29 Kapelle-op-den-Bos 19/04/2026		
	2 5 M		5 0 M						
PB			00:30.53						
			00:30.53						
									

Coach feedback:

Event number: 12: 100M MEDLEY MIXED 10-9					Heat:1, starttime: 16:10	
Heat: 1/1 Lane : 2 Athlete: LUBOWICKI ADA					Q-time: 99:99:99	
PB (25m pool): no time					PB (50m pool): no time SB: no time	
	2 5 M	5 0 M	7 5 M	1 0 0 M		
PB		no time		no time		
	no time					
						

Coach feedback:

Event number: 13: 50M BUTTERFLY MEN 18+							Heat:1, starttime: 16:15	
Heat: 1/2 Lane : 2 Athlete: BOUDCHICH MOHAMED ILYAS						Q-time: 99:99:99		
PB (25m pool): no time				PB (50m pool): no time SB: no time				
	2 5 M		5 0 M					
PB			no time					
	no time							
								

Coach feedback:

Event number: 13: 50M BUTTERFLY MEN 18+							Heat:2, starttime: 16:15		
Heat: 2/2 Lane : 2 Athlete: DONIN THIBAUT							Q-time: 00:28:93		
PB (25m pool): 00:28.93 Liedekerke 01/05/2025							PB (50m pool): 00:29.32 SB: 00:28.97 Leuven 12/10/2025		
	2 5 M		5 0 M						
PB			00:28.93						
	00:28.93								
									

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 13: 50M BUTTERFLY MEN 18+			Heat:2, starttime: 16:15
Heat: 2/2 Lane : 3 Athlete: DE BACKER BJORN			Q-time: 00:27:89
PB (25m pool): 00:27.89 Hannuit 18/01/2025			PB (50m pool): 00:28.94 SB: 00:28.41 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:27.89	
		00:27.89	
			

Coach feedback:

Event number: 13: 50M BUTTERFLY MEN 18+			Heat:2, starttime: 16:15
Heat: 2/2 Lane : 4 Athlete: DUBOIS LOUIS			Q-time: 00:28:88
PB (25m pool): 00:28.58 Dilbeek 01/10/2023			PB (50m pool): 00:28.57 SB: 00:28.88 Leuven 12/10/2025
	2 5 M	5 0 M	
PB		00:28.58	
		00:28.58	
			

Coach feedback:

Event number: 14: 50M BUTTERFLY WOMEN 18+			Heat:1, starttime: 16:15
Heat: 1/1 Lane : 2 Athlete: VAN LIERDE LANA			Q-time: 00:35:45
PB (25m pool): 00:35.45 Hannuit 18/01/2025			PB (50m pool): 00:35.89 SB: 00:37.17 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:35.45	
		00:35.45	
			

Coach feedback:

Event number: 14: 50M BUTTERFLY WOMEN 18+			Heat:1, starttime: 16:15
Heat: 1/1 Lane : 3 Athlete: VERROKEN MIRTE			Q-time: 00:31:17
PB (25m pool): 00:31.17 Leuven 23/02/2025			PB (50m pool): 00:32.90 SB: 00:32.28 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:31.17	
		00:31.17	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 14: 50M BUTTERFLY WOMEN 18+			Heat:1, starttime: 16:15
Heat: 1/1 Lane : 4 Athlete: DE PEYPER MYRTHE			Q-time: 00:34:46
PB (25m pool): 00:31.83 Leuven 06/02/2022			PB (50m pool): 00:32.19 SB: no time
	2 5 M	5 0 M	
PB		00:31.83	
		00:31.83	
			

Coach feedback:

Event number: 14: 50M BUTTERFLY WOMEN 18+			Heat:1, starttime: 16:15
Heat: 1/1 Lane : 5 Athlete: DE GEYTER ILANA			Q-time: 00:40:23
PB (25m pool): 00:37.75 Zwembad De Wauwer 07/01/2024			PB (50m pool): 00:39.89 SB: 00:40.23 Dilbeek 28/09/2025
	2 5 M	5 0 M	
PB		00:37.75	
		00:37.75	
			

Coach feedback:

Event number: 14: 50M BUTTERFLY WOMEN 18+			Heat:1, starttime: 16:15
Heat: 1/1 Lane : 6 Athlete: DE BISSCHOP DIEDE			Q-time: 99:99:99
PB (25m pool): 00:35.75 De Druppelteen 16/04/2023			PB (50m pool): 00:36.23 SB: no time
	2 5 M	5 0 M	
PB		00:35.75	
		00:35.75	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:15
Heat: 1/5 Lane : 1 Athlete: BLOMMAERTS MATHIS			Q-time: 99:99:99
PB (25m pool): 00:32.03 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): no time SB: 00:32.03 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:32.03	
		00:32.03	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 15: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:15
Heat: 1/5 Lane : 2 Athlete: TUTS VIKTOR			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:15
Heat: 1/5 Lane : 3 Athlete: VERMEIR CAENE			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:15
Heat: 1/5 Lane : 4 Athlete: VAN DEN BORRE NICK			Q-time: 99:99:99
PB (25m pool): 00:37.53 LEUVEN. 22/02/2026			PB (50m pool): no time SB: 00:37.53 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:37.53	
	00:37.53		
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:1, starttime: 16:15
Heat: 1/5 Lane : 5 Athlete: ASSELMAN JEFF			Q-time: 99:99:99
PB (25m pool): no time			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		no time	
	no time		
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 15: 50M FREESTYLE MEN 11+			Heat:3, starttime: 16:20
Heat: 3/5 Lane : 5 Athlete: ANCOLET MATS			Q-time: 00:34:57
PB (25m pool): 00:34.57 Vilvoorde 18/05/2025			PB (50m pool): no time SB: no time
	2 5 M	5 0 M	
PB		00:34.57	
		00:34.57	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:20
Heat: 4/5 Lane : 3 Athlete: LUBOWICKI OLIVIER			Q-time: 00:29:85
PB (25m pool): 00:29.11 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:31.15 SB: 00:29.11 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:29.11	
		00:29.11	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:4, starttime: 16:20
Heat: 4/5 Lane : 5 Athlete: BOMBAERT LOUIS			Q-time: 00:31:37
PB (25m pool): 00:31.37 Kapelle-op-den-Bos 19/04/2026			PB (50m pool): 00:31.72 SB: 00:31.37 Kapelle-op-den-Bos 19/04/2026
	2 5 M	5 0 M	
PB		00:31.37	
		00:31.37	
			

Coach feedback:

Event number: 15: 50M FREESTYLE MEN 11+			Heat:5, starttime: 16:25
Heat: 5/5 Lane : 4 Athlete: VOLCKAERT THOMAS			Q-time: 00:26:84
PB (25m pool): 00:26.84 LEUVEN. 22/02/2026			PB (50m pool): 00:26.94 SB: 00:26.84 LEUVEN. 22/02/2026
	2 5 M	5 0 M	
PB		00:26.84	
		00:26.84	
			

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:25	
Heat: 1/7 Lane : 2 Athlete: FAHY JULIE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:25	
Heat: 1/7 Lane : 3 Athlete: DRIOUICHE HIBA							Q-time: 99:99:99	
PB (25m pool): 2:56.19 Paas CVB DDAT 31/03/2024			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		2:56.19
	no time							
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:1, starttime: 16:25	
Heat: 1/7 Lane : 4 Athlete: FAHY EMMA							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:30	
Heat: 2/7 Lane : 3 Athlete: VANDE VELDE SIEN							Q-time: 03:44:69	
PB (25m pool): 03:44.69 Zaventem 15/07/2025			PB (50m pool): no time SB: no time					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:51.25		01:47.92		no time		03:44.69
	00:51.25		00:56.67					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:2, starttime: 16:30	
Heat: 2/7 Lane : 4 Athlete: DE BRUYN JADE							Q-time: 99:99:99	
PB (25m pool): no time			PB (50m pool): no time			SB: no time		
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		no time
	no time							
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:35	
Heat: 3/7 Lane : 1 Athlete: ANCOLET LAURE							Q-time: 03:36:14	
PB (25m pool): 03:36.14 Ternat 14/12/2025			PB (50m pool): no time SB: 03:36.14 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.51		01:46.04		no time		03:36.14
	00:50.51		00:55.53					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:35	
Heat: 3/7 Lane : 3 Athlete: MUYLEAERT YINSE							Q-time: 03:31:22	
PB (25m pool): 03:31.22 Ternat 14/12/2025			PB (50m pool): no time SB: 03:31.22 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:52.57		01:46.26		no time		03:31.22
	00:52.57		00:53.69					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:3, starttime: 16:35	
Heat: 3/7 Lane : 5 Athlete: VAN DER POORTEN ELIEN							Q-time: 03:35:87	
PB (25m pool): 03:35.87 Ternat 14/12/2025			PB (50m pool): no time SB: 03:35.87 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:50.12		01:45.14		no time		03:35.87
	00:50.12		00:55.02					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:4, starttime: 16:40	
Heat: 4/7 Lane : 6 Athlete: DE MEY MEREL							Q-time: 03:24:83	
PB (25m pool): 03:24.83 Ternat 14/12/2025				PB (50m pool): no time SB: 03:24.83 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:48.92		01:41.89		no time		03:24.83
	00:48.92		00:52.97					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:5, starttime: 16:45	
Heat: 5/7 Lane : 1 Athlete: HEREMANS MARIE							Q-time: 03:06:06	
PB (25m pool): 03:06.06 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): no time SB: 03:06.06 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:45.84		01:32.59		no time		03:06.06
	00:45.84		00:46.75					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:50	
Heat: 6/7 Lane : 2 Athlete: DE BISSCHOP LISSE							Q-time: 02:50:41	
PB (25m pool): 02:50.41 Aarschot 28/07/2025				PB (50m pool): 02:57.81 SB: 02:55.86 Kapelle-op-den-Bos 21/09/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:40.10		01:22.68		no time		02:50.41
	00:40.10		00:42.58					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:50	
Heat: 6/7 Lane : 3 Athlete: BIESEMANS JANA							Q-time: 02:47:94	
PB (25m pool): 02:47.94 Sint-Pieters-Leeuw 01/03/2026				PB (50m pool): 02:53.76 SB: 02:47.94 Sint-Pieters-Leeuw 01/03/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:38.94		01:21.94		no time		02:47.94
	00:38.94		00:43.00					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:50	
Heat: 6/7 Lane : 4 Athlete: DEROOST BEAU							Q-time: 02:49:98	
PB (25m pool): 02:49.98 Ternat 14/12/2025				PB (50m pool): 02:57.23SB: 02:49.98 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:39.59		01:21.95		no time		02:49.98
	00:39.59		00:42.36					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:6, starttime: 16:50	
Heat: 6/7 Lane : 6 Athlete: BOMBAERT MILLA							Q-time: 02:57:00	
PB (25m pool): 02:57.00 Zaventem 15/07/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.43		01:26.96		no time		02:57.00
	00:41.43		00:45.53					
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 2 Athlete: LANDRIEU NORA							Q-time: 02:37:61	
PB (25m pool): 02:37.61 Leuven 12/10/2025				PB (50m pool): 02:39.09SB: 02:37.61 Leuven 12/10/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.95		01:18.26		01:58.78		02:37.61
	00:37.95		00:40.31		00:40.52		00:38.83	
								

Coach feedback:

Event number: 16: 200M BACKSTROKE WOMEN 11+							Heat:7, starttime: 16:50	
Heat: 7/7 Lane : 3 Athlete: DE BACKER BIRGIT							Q-time: 02:27:69	
PB (25m pool): 02:27.69 Dilbeek 11/05/2025				PB (50m pool): 02:36.37 SB: 02:30.66 Ternat 14/12/2025				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:33.77		01:11.08		no time		02:27.69
	00:33.77		00:37.31					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:3, starttime: 17:05	
Heat: 3/4 Lane : 1 Athlete: VAN HOUCKE QUINTEN							Q-time: 03:13:11	
PB (25m pool): 03:13.11 Dilbeek 11/05/2025				PB (50m pool): 03:37.75 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:42.58		01:31.50		no time		03:13.11
	00:42.58		00:48.92					
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 17:10	
Heat: 4/4 Lane : 1 Athlete: TURF SANDER							Q-time: 03:02:60	
PB (25m pool): 03:02.60 Liedekerke 01/05/2025				PB (50m pool): 03:12.96 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:41.23		01:29.72		no time		03:02.60
	00:41.23		00:48.49					
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 17:10	
Heat: 4/4 Lane : 2 Athlete: DE BACKER BRENT							Q-time: 02:53:76	
PB (25m pool): 02:53.76 LEUVEN. 22/02/2026				PB (50m pool): 03:03.31 SB: 02:53.76 LEUVEN. 22/02/2026				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:37.88		01:22.70		no time		02:53.76
	00:37.88		00:44.82					
								

Coach feedback:

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 17:10	
Heat: 4/4 Lane : 3 Athlete: DE PEYPER MATS							Q-time: 02:43:95	
PB (25m pool): 02:43.95 Ternat 14/12/2025			PB (50m pool): 02:46.35SB: 02:43.95 Ternat 14/12/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		00:36.68		01:18.82		no time		02:43.95
	00:36.68		00:42.14					
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 17: 200M BREASTSTROKE MEN 11+							Heat:4, starttime: 17:10	
Heat: 4/4 Lane : 4 Athlete: HOUTEVELT KYLLIAN							Q-time: 02:44:38	
PB (25m pool): 02:37.78 Vilvoorde 24/04/2022			PB (50m pool): 02:48.62SB: 02:44.38 LEUVEN 23/11/2025					
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		no time		no time		no time		02:37.78
	no time							
								

Coach feedback:

Event number: 18: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 17:20	
Heat: 2/2 Lane : 4 Athlete: MATTHIJS XANTHE							Q-time: 05:53:99	
PB (25m pool): 05:53.99 Dilbeek 11/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:19.13		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		05:53.99
								

Coach feedback:

Event number: 18: 400M MEDLEY WOMEN 11+							Heat:2, starttime: 17:20	
Heat: 2/2 Lane : 6 Athlete: VEIRMAN LOTTE							Q-time: 06:41:80	
PB (25m pool): 06:41.80 Vilvoorde 18/05/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		no time		01:42.94		no time		no time
	no time							
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		no time		no time		no time		06:41.80
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 19: 4x200M FREESTYLE MEN							Heat:1, starttime: 17:35	
Heat: 1/1 Lane : 1 Athlete: TEAM ZIOS 4							Q-time: 10:10:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback:

Event number: 19: 4x200M FREESTYLE MEN							Heat:1, starttime: 17:35	
Heat: 1/1 Lane : 3 Athlete: TEAM ZIOS 1							Q-time: 08:00:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback:

Event number: 19: 4x200M FREESTYLE MEN							Heat:1, starttime: 17:35	
Heat: 1/1 Lane : 4 Athlete: TEAM ZIOS 2							Q-time: 08:50:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 19: 4x200M FREESTYLE MEN							Heat:1, starttime: 17:35	
Heat: 1/1 Lane : 5 Athlete: TEAM ZIOS 3							Q-time: 09:00:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x200M FREESTYLE WOMEN							Heat:1, starttime: 17:45	
Heat: 1/1 Lane : 1 Athlete: TEAM ZIOS 3							Q-time: 10:20:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback:

Event number: 20: 4x200M FREESTYLE WOMEN							Heat:1, starttime: 17:45	
Heat: 1/1 Lane : 2 Athlete: TEAM ZIOS 2							Q-time: 10:00:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback:

ZIOS CVB 1mei: Session: 1: COACH evaluation sheet for TEAM: ZIOS

Event number: 20: 4x200M FREESTYLE WOMEN							Heat:1, starttime: 17:45	
Heat: 1/1 Lane : 3 Athlete: TEAM ZIOS 1							Q-time: 09:05:00	
PB (25m pool):			PB (50m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								
	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB								
								

Coach feedback: